

CACI – Weight Loss Management Worksheet

(Use of Medication for Obesity or Overweight)

(Updated 04/29/2026)

To determine the applicant's eligibility for certification, the AME must review a current, detailed Clinical Progress Note generated from a clinic visit with the treating physician or specialist **no more than 90 days prior** to the AME exam. If the applicant **meets ALL the acceptable certification criteria** listed below, the Examiner can issue. Applicants for first or second- class must provide this information annually; applicants for third-class must provide the information with each required exam. **NOTE: CACI expanded to include diabetic medication taken for weight loss.**

If the applicant has EVER had an A1C OF 6.5% OR GREATER, DO NOT USE THIS CACI.

AME MUST REVIEW	ACCEPTABLE CERTIFICATION CRITERIA
Medication is used for: Note: Diabetes in remission (diet-controlled), diabetes treated with medication (including insulin), or diabetes insipidus DO NOT qualify for this CACI.	☐ Weight Loss Management
Treating physician finds the condition is stable and NONE of the following are present: • Symptoms or complications associated with diabetes; • Side effects from the medication; Hypoglycemic events (symptoms or glucose 70 mg/dl or less) which required intervention in the past 12 months; and/or • History of A1C 6.5% or greater, ever.	☐ Yes Note: If A1c is in the prediabetic range (5.7 to 6.4%) see the Pre-Diabetes page
ONLY ONE of the medications listed is used: • AME should verify two-week observation after starting medication. (See Pharmaceuticals, Weight Loss Medication.) 48-hour observation with each dose increase, medication or formulation change.	☐ Yes Indicate which one medication is used: ☐ metformin OR ☐ liraglutide OR ☐ semaglutide (Wegovy) OR ☐ tirzepatide (Zepbound)

AME MUST NOTE in Block 60 one of the following:

☐ CACI qualified weight loss management.

☐ Has current OR previous SI/AASI but now CACI qualified weight loss management.

☐ NOT CACI qualified weight loss management. I have deferred. (Submit supporting documents.)